

# Dermal Fillers

## WHAT TO EXPECT AFTER TREATMENT Post-Treatment Instructions

1. *Treated areas may feel numb, swollen, firm, or sore for a few days.* This is normal and expected. Use cold compresses and elevate the area injected for 24-48 hours.
2. *Some early loss of correction may occur during the first six to eight weeks.* This is also normal and expected. There are two reasons for this. First, the swelling caused by the treatment itself resolves. Second, the body resorbs the carrier of the active product. *A touch-up may be required to achieve optimal results.*
3. *Avoid touching or pressing on the treated areas for the first 48 hours,* except to gently wash and/or moisturize as part of your daily skin-care routine.
4. *After 48 hours, (post-swelling) massaging the injected area may be recommended by your physician, depending on the site of the injection.* If still swollen you may apply warm compress.
5. *Until the initial redness and swelling have resolved,* avoid exposure to intense heat (such as a sunlamp or sunbathing).
6. *If you are prone to herpes outbreaks (or cold sores) there is a risk that the needle punctures could contribute to a recurrence.* There are medications available that may minimize recurrence. Please do not hesitate to inquire.
7. *Please contact us if you experience small nodules, itching, or soreness that lasts more than a few days.*
8. *Radiesse contains calcium and may be visible on x-rays, MRI's, etc.* Juvederm contains hyaluronic acid and is not usually visible on x-rays. Treatment with either material has not been known to interfere with studies such as sinus or dental x-rays.
9. *While most patients report that soft tissue correction with Radiesse usually persists up to twelve months and Juvederm, up to nine months, your personal experience may be different.* Tissue loss is expected with ongoing aging, requiring additional treatments combined with other therapies.
10. *It is ideal to discontinue aspirin, aspirin-like products, non-steroidal anti-inflammatory drugs, St. John's Wort, high doses of Vitamin E, and alcohol for two weeks before your next treatment to minimize bruising and swelling.*

If you have any questions, please feel free to contact the office: 631-858-0500.

**FOR ANY URGENT CONCERNS, PLEASE CALL DR. ROMERO DIRECTLY: 631-987-4744**